Conscious Channeling Protocol

**Prepare Your Energy for Channeling**
- Hunker down...Grounding loop
- Lightening up...Gold energy shifting to release from crown instead of 3rd chakra

**Set the Space for Channeling**
- Create the cylinder from crown to 12’ above crown
- Cyclone gold energy into cylinder clockwise and counterclockwise

**Release Guides, Beings & Entities**
- ‘Fire them’
- Release symbols from crown chakra
- Note: This can be done as a standalone meditation practice, as well as prior to Preparing Your Energy for Channeling.

**Engage the Channeling System**
- Release grounding
- Shift from gold to silver or white

**Connect with your Lifetime or Healing Guide, SME**
- Clear energy between you and your guides: Emotional Energy, Cords, Programming, Karma, Contracts, Agreement

**Channel**

**Reset your Energy Following Channeling**
- Release guides from cylinder
- Ground
- Clear and release cylinder
- Run energy
- Set chakras
- Set auric boundaries
- Ground
- Reverse polarities