



ENERGY HEALING INSTITUTE

Education for The Consciously Curious

Setting Auric Boundaries



The lines at right represent Auric boundaries, containing each layer of the field.

Imagine wrapping each layer of the Aura in cheesecloth-like energy, like the lemon above.

Energy is contained, yet comes & goes in your field.

(No string needed – the Aura seals completely.)

Astral (Emotional) Energy Field

