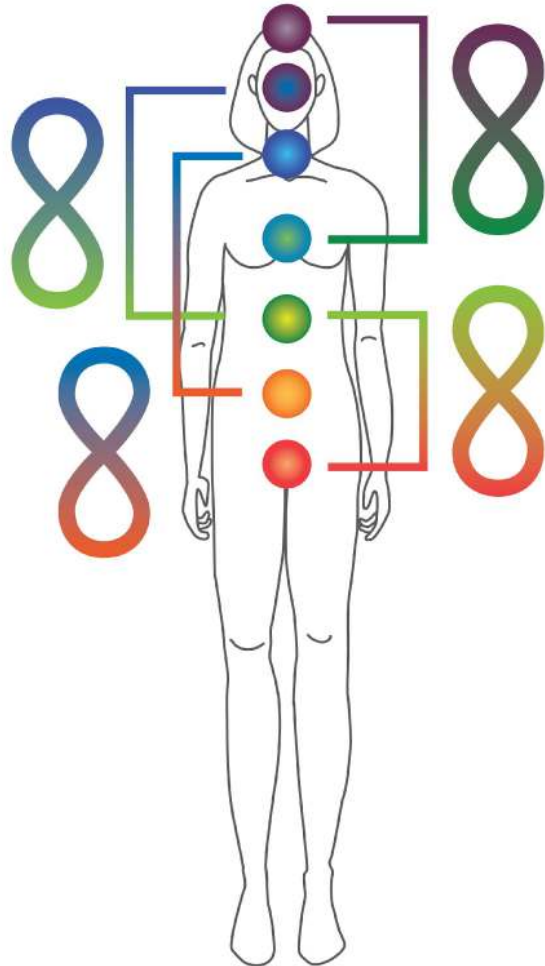




# ENERGY HEALING INSTITUTE

Education for The Consciously Curious

## Partnering the Chakras



Partnering the Chakras brings conscious alignment to organic energy partnerships and encourages balanced flow.

The Partnerships are:

- 1<sup>st</sup> & 3<sup>rd</sup> – Body & Volition
- 2<sup>nd</sup> & 5<sup>th</sup> – Emotions & Self-expression
- 3<sup>rd</sup> & 6<sup>th</sup> – Ideation & Volition
- 4<sup>th</sup> & 7<sup>th</sup> – Affiliation & All That Is

Imagine streaming a figure 8 of energy between the paired Chakras.

Notice any sense of balance, alignment and/or integration.

