



ENERGY HEALING INSTITUTE  
Education for The Consciously Curious

# Illustrations of Hand Positions: Rewiring Chakras

# Rewiring Chakras



Once you've checked to ensure clockwise rotation of all of the chakras, you'll deliver clear instructions to the client to rotate the chakra being rewired in a counterclockwise direction. You'll place your hand on the chakras, stand perpendicular to the table, and with your other hand, monitor the counterclockwise rotation of the chakra.



The client is releasing the chakra down the grounding cord, and clearing out the space where the new chakra will be housed in a few moments.



Your hand returns to the client's body once you've given clear directions to the client to spin in a new chakra in a clockwise direction. (I usually draw the direction on the client's body to support awareness and generate ease.) Standing perpendicular to the table, with your other hand, monitor the clockwise rotation of the chakra with your pendulum.



Guide the client to introduce the old chakras to the new chakra by running figure 8's beginning in the existing chakra, into the new chakra. In other words, if the 2nd chakra was rewired, you'd guide the client to create the figure 8's one chakra at a time, the first chakra into the 2nd, the third chakra into the 2nd, the fourth chakra into the 2nd, and so forth.

