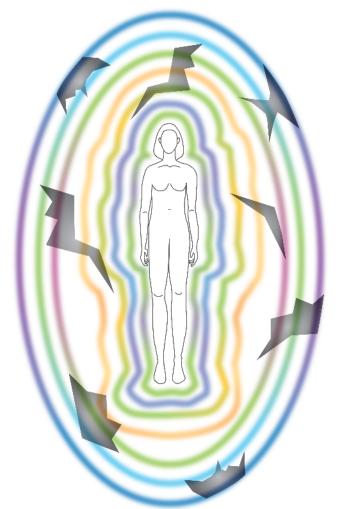


## **Repairing Rips, Tears & Holes**



Rips, tears and holes are voids of energy in the Auric field. Depletion and feeling out of sorts often result behaviorally and physically.

They are repaired and filled by visualizing a bright clean liquid light color pouring in to the void and filling it completely.

Avoid using white or silver as they are colors used for disembodied energy work such as Channeling.

