

# Avoiding Analysis, Projection & Inflicting a Healing

There are several other things to consider as you continue to develop your acuity using the Clairvoyance System. Because of their relative importance, I'm including them as a pdf file below to be downloaded and added to your Clairvoyance System Reference Library.

### **Avoiding Analysis**

I have a BFO on this - a Big Fat Opinion on this topic.

Actually, that's a joke, because, in essence, when you analyze clairvoyant perceptions, that's what you're doing. You're offering a Big Fat Opinion. It's not useful, helpful, or part of clairvoyant insight. It's your Analyzer.

Sometimes it can be a bit tricky, because your client might ask you what you think about what you're perceiving. And it's tempting to answer. In fact, you might consciously choose to answer. That's fine! Just be very clear with yourself and your client that this is merely your Big Fat Opinion.

My clients and students are used to hearing that phrase from me when they ask me what I think. It creates clarity and keeps the integrity of the session intact.

Having said that, in the beginning of working with the Clairvoyance System, it's difficult to remain in the system. It's so easy to jump into the Analyzer to interpret what's perceived. It's so comfortable and familiar there! It's so easy to do it, trust me. I've been there. A thousand times!

Here's some strategies to help you:

- Move deliberately between the Clairvoyance System and the Analyzer so that you can feel the
  difference between the two systems in your body. The Clairvoyance System should have a
  deeper, calmer, more flowing sensation. The Analyzer will be more active, buzzy, tense,
  animated.
- Give yourself permission (and the directive) to engage your Observer-self to participate when you practice and apply the Clairvoyance System. Let the Observer-self inform you when you're migrating out of the system and into the Analyzer.
- Record your verbal communications. Notice the use of the words, 'I think'. If they're showing up frequently, you're doing just that. Thinking. In the Analyzer. Issuing BFO's. Once you start to notice that you're doing it, you'll hear it in real-time and course correct.
- If you're practicing the work with clients, and you're willing to let them know that you're still
  mastering the work, ask them to let you know if they feel that information is being analyzed
  instead of offered contextually and appropriately. If you can receive feedback from others, it can
  be particularly helpful.



# Avoiding Analysis, Projection & Inflicting a Healing

Practice with one another. Not once or twice, but regularly. Weekly. Trade sessions over and
over again. Ask the person in the client role for feedback and specific quotes (take notes!!!), on
things you said that were particularly insightful and felt driven from the Clairvoyance System.
Also give specific quotes and feedback on information that felt Analyzed, or were prefaced by
the words, 'I think'.

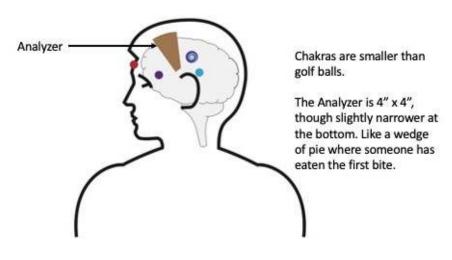
# **Avoiding Projection**

The Analyzer can be quite the taskmaster in life, it's an essential center for processing information, organizing tasks, and ensuring accomplishments.

Until I learned the Clairvoyance System, I never saw how large a role it played in every aspect of my life.

To refresh your thinking, take a look at the relative size of the Analyzer in relation to the pineal, pituitary, sixth chakra and third eye. No wonder it is so dominant in our experience!

# Relative Size of Clairvoyance Chakras & the Analyzer



© Energy Healing Institute, 2020



# Avoiding Analysis, Projection & Inflicting a Healing

Projecting onto others may include the sixth chakra as well as the Analyzer. Projections are tied closely to your belief systems, which are housed in your sixth chakra.

If you are looking at a client's energy and see a lot of dark colors in their field, and you forget that dark colors mean you're perceiving someone else's energy, your belief systems could make the dark energy something bad, or something worrisome, scary or even related to a possible health issue. Your belief systems inform your reality. Your Analyzer processes information based on your beliefs.

If you leave the Clairvoyance System, you'll automatically come back into affiliation with your beliefs, and potentially project your beliefs and misinformation on to your clairvoyant perceptions.

To be clear, anything that comes from your Analyzer that is projected on to clairvoyant perception is misinformation. Unless the meaning of the perceptions is delivered from the Clairvoyance System and dialoguing the energy, its accuracy and veracity is low.

# **Inflicting a Healing**

It's easy to get attached to information that you've perceived in the Clairvoyance System and consider it absolute truth. If you see a lot of unprocessed rage in a client's field, a good approach to resolving the rage might be a series of energy healing sessions, or perhaps teaching the client to do his or her own inner work with energy.

However, it's important not to take on the work if that's not in the scope of your client agreement. In other words, my role as a practitioner includes energy clearing work in the session itself, as well as in remote healing sessions. If something lights up when I'm clairvoyantly viewing energy, it's my job to clear it.

That may not be the role of a spiritual adviser, a therapist, a nutritionist or a massage therapist, unless that's overtly communicated in the scope of services offered.

Additionally, inflicting a healing can occur when you are adamant about something that the client 'should' do.

- You need to leave your spouse. He's awful for you.
- You should take a vacation to a warm climate. You really need some sun and relaxation!
- Your boss is a jerk. Just quit!
- Given your stress levels, you should send your kids to live with their father.



# Avoiding Analysis, Projection & Inflicting a Healing

This is not advice. This is not client-generated healing and evolution. This is the practitioner inflicting a healing.

The role of clairvoyant perceptions is to identify patterns, themes, issues, behaviors and beliefs that inhibit the client's ability to be Who He or She Is.

It is not the role of the practitioner to decide what the client needs to do, or to make suggestions that imply a level of authority you do not have. Clairvoyant perceptions do not create a license for boundary violations.

Every one of the bullets above can be reframed to invite exploration by the client.

- How does this information about your husband inform your thinking and actions?
- What thoughts do you have for increasing your leisure time and finding ways to relax?
- Do you feel as though you can find another way to relate to your boss?
- What steps can you take to reduce your stress?

Leading the client to him or herself is a much more powerful, effective and appropriate approach to helping the client to integrate clairvoyant perceptions and information. Respecting the client's sovereignty, boundaries and authority is essential. You're a clairvoyant, not a magician or seer!