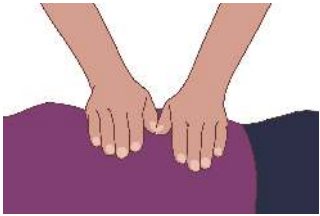




**ENERGY HEALING INSTITUTE**  
Education for The Consciously Curious

## Balancing Etheric Chakras

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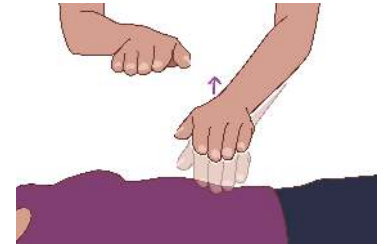
Place one hand directly on the chakra to be balanced. Place the other hand by its side.



Show me:  
A balanced Etheric [1st, 2nd, 3rd...7th] chakra  
Or, a minor chakra such as [spleen, liver, kidney]  
The hand NOT on the chakra to be balanced should be raised slowly to sense for the pressure that indicates balance.



Show me:  
My clients Etheric [1st, 2nd, 3rd...7th] chakra  
Or, a minor chakra such as [spleen, liver, kidney]  
The hand on the chakra to be balanced should be raised slowly to sense for the pressure that indicates where the chakra is currently.



Show me:  
What my client can sustain.  
The hand representing the chakra being balanced is raised very slowly to sense for the pressure to indicate what the client can sustain.

