

## Clearing Etheric Aura

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Placing your hands over the upper thigh, about ½" off the surface of the body, one hand coalesces and collects spent Etheric energy in the aura. This is a very slow process.



The spent energy is transferred to the other hand, and very slowly the hand moves directly down to the grounding cord in the treatment space for release. If the hand is lifted up instead of moved down and over the hole, the energy is returned to the Etheric aura.



The energy is released from the hand into the grounding cord into the treatment space, and then returns to the thigh to continue clearing. The hand that remains in the Etheric aura continues to gather and coalesce the energy while the other hand facilitates release.