

Clearing Etheric Chakras

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2nd chakra - between the ovaries (F), base of the spine (M)



4th chakra - directly over the physical heart (L side of body)

1st chakra - Perineum Standing perpendicular to the lower legs, facing the client, place the clearing hand on a 45 degree angle near the midline of the body, with hand chakra pointing as directly as possible to the Perineum. by the lower legs



3rd chakra - navel





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5th Chakra & Detail to right Only two fingers lightly touching Adam's Apple.





6th chakra - center of the head Avoid covering ears Do not clear on the forehead - way too many chakras there!



7th chakra - top of the head

