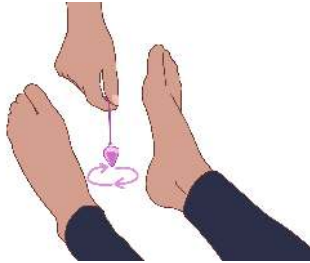




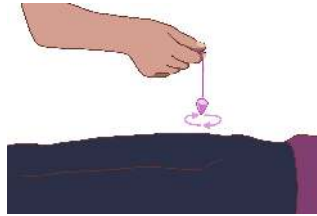
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# Etheric & Astral Chakra Locations & Rotations

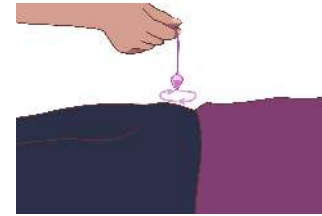
# Etheric & Astral Chakra Locations & Rotations



Feet chakras - 60% open



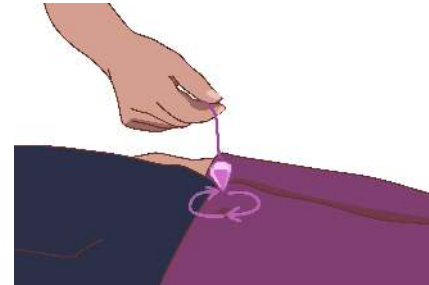
1st (E) — Perineum



2nd (E) — Between the ovaries (F)  
Base of the spine (M)



1st (A) — Base of the spine (M)  
Between Ovaries (F)  
30% open



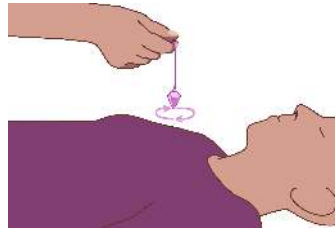
2nd (A) — Two fingers below the navel  
25%



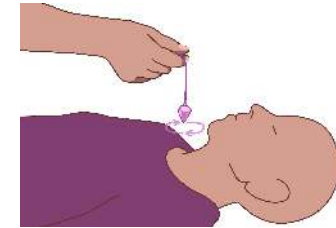
# Etheric & Astral Chakra Locations & Rotations slide 2



3rd (E) — Navel



4th (E) — Over the physical heart



5th (E) — Adam's Apple



3rd (A) — Notch of the ribs  
40% (M), 55% (F)



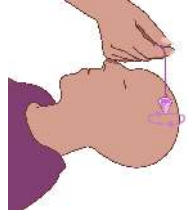
4th (A) — Center of the chest  
50%



5th (A) — Notch of the neck  
Their usual setting + 2 points, i.e.,  $38 + 2 = 40$



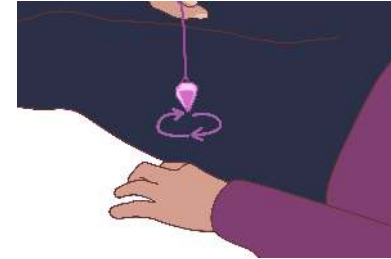
# Etheric & Astral Chakra Locations & Rotations slide 3



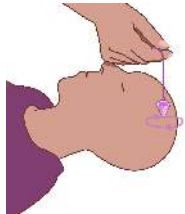
6th (E) — Center of the head



7th (E) — Top of the head



Hand chakras - center of the palm  
50%



6th (A) — Center of the head  
50%



7th (A) — Top of the head  
25-50%

