



ENERGY HEALING INSTITUTE
Education for The Consciously Curious

Evolving the Etheric Body



Etheric Chelation



Overview: Etheric Chelation

Def: Etheric Chelation is a hands-on energy clearing treatment that facilitates deep release of low quality Etheric and correlative blocked or dense Astral energy. The hands remain on the client body throughout the treatment, accessing, releasing, easing and infusing a series of points surrounding the body to facilitate a deep cleanse of the Etheric body.

Description

Etheric Chelation requires approximately 45 minutes to complete, and is delivered through the hand chakras concurrently releasing energy (leading hand) and infusing Prana (following hand).

To facilitate an Etheric Chelation, the practitioner moves through the following active points from left to right:

- Crown chakra
- Junction of neck and torso
- Shoulder
- Elbow
- Wrist
- Hand chakra
- Waist
- Hip
- Knee
- Ankle
- Left foot
- Right foot
- Ankle
- Knee
- Hip
- Waist
- Hand chakra
- Wrist
- Elbow
- Shoulder
- Junction of neck and torso
- Crown chakra

There is always a leading hand that releases and clears energy, and a following hand that balances, eases and infuses prana on the active points.



Each hand connects at each active point on the body before engaging a subsequent active point. Thus, the leading hand remains in place as a release begins to subside. The following hand joins the leading hand, attunes to the active point and holds the energy while the leading hand engages the next active point. A continuous circuit of energy is maintained throughout the session with the lead hand leaving the body only when the following hand has anchored the release and picked up and attuned to the active point.

In a single practitioner facilitated session, the practitioner's left hand is the leading hand and the right hand is the following hand. The left-hand travels down the client's left side, clearing energy at each active point on the body. When the left hand is ready to transition to the next point on the body, the right hand is released from the previous point on the body to join the left hand. It is easiest to gently tuck the right hand slightly under the left hand to maintain contact with the active point the left hand is balancing and clearing. Once the right hand senses the energy of the active point, the left hand moves to the next position on the body. This flow is continued throughout the chelation, releasing energy with the left hand, stabilizing and smoothing energy with the right hand.

In a dual-practitioner facilitated session, the practitioners synchronize their hand chakras prior to commencing work together. Once completed, the Lead practitioner stands at the crown chakra and the other practitioner begins at the client's feet. Following the signal of the Lead practitioner at the crown, each practitioner simultaneously places his or her hands on the client body. The practitioner at the client's head has both hands on the crown chakra, right hand on top of left; the practitioner at the feet blankets the sole of the right foot with the left hand and the sole of the left foot with the right hand.

Sensing the connection and synchronicity created earlier, the practitioners maintain contact until the flow of energy is sensed at both the head and foot of the client.

After a few moments, the practitioner working at the feet releases contact with the client body and joins the practitioner at the crown chakra. The Lead practitioner releases his/her left hand from the client crown chakra. The other practitioner places his/her left hand on the crown chakra and waits for the synergistic flow of energy to emerge in the active point.

Following the Lead practitioner, the movement through the active points of the body proceeds. The Lead practitioner uses the left hand to move down the body, while the right hand balances and eases the energy in the previous point. The other practitioner uses the right hand to move down the right side of the body, while the left hand balances and eases the energy in the previous point. Each practitioner is accessing the same active points on opposite sides of the body.

Each point is held until the releasing, clearing and balancing feels complete, usually about two minutes. The following hand then joins the leading hand, finds the active point and the process continues to the feet.

As the practitioners arrive at the client's feet, the Lead practitioner will place his/her left hand on the left foot; the right hand is on the client's left ankle. The other practitioner places his/her right hand on the right foot; the left hand is on the client's right ankle.

The transitions at the feet are tricky in a dual-practitioner session. The Lead practitioner signals the shift to having two hands on each foot. The next signal incorporates the other practitioner placing the following hand on the left foot. As the active point is engaged, the Lead practitioner releases his or her hands and walks up the right side of the table to the client's crown chakra.

Placing both hands on the crown chakra, the final balancing, clearing and releasing is completed with the practitioner's back in their original positions at the client's head and feet.

It is important to maintain consistent awareness on the following:

- Light touch is an essential aspect of an Etheric Chelation. The practitioner is in a hold on a point on the body for roughly two minutes at a time. Consistent focus is essential to ensure that the hands do not begin to assert pressure or heaviness on the client. This is more difficult than it sounds. The goal is to apply the same light touch on every point throughout the treatment so that the client's releases are accomplished with ease and without disturbing intrusions from too much pressure or sensation from the practitioner(s).
- Not every position that is held during an Etheric Chelation is inherently comfortable for the practitioner's body. It's important to understand what your body is capable of sustaining with each point accessed on the client, because the point must be held unwaveringly for up to two minutes at a time.
- The practitioner's hands remain in contact with the body throughout the Etheric Chelation. The practitioner cannot remove the left hand from an active point until the right hand has joined the left hand and sensed the vibration and flow at the point. Once the left hand is in place at the next active point, both hands remain stationary until the left hand senses the shift in balance and release. Then the right hand is joined to the left. If both hands leave the body at the same time, the chelation is no longer effective and the accrued clearing and release are diminished.
- Intentional focus is a critical aspect of the work. Maintaining a dual awareness on the clearing and release that is occurring in the leading hand and the smoothing and balancing that occurs in the following hand ensures that the process is coherent and complete.

Background



When a patient has blood chelated, the blood is drawn out of the body and filtered to eliminate toxins, heavy metals and other foreign substances that affect the health of the organs and systems. When cleaned it is siphoned back in to the patient. It is a therapy that is often used with children on the autism spectrum as they often have difficulty shedding toxins and heavy metals from the body, affecting brain chemistry and physical well being.

An Etheric Chelation is a detoxification and deep cleansing process for the Etheric plane or field, as well as the Astral plane or field. Not every client has a need for an Etheric Chelation. It is generally not the first strategy applied to an energy healing or treatment. It is especially useful with chronic or acute illness and deep emotional pain, such as grief, depression or melancholy. The energy is largely released in the Etheric field, although Astral energy that is somatized or 'setting up' in the Etheric field will release and clear as well.

The active points that are accessed and released in an Etheric Chelation are often repositories for Etheric and Astral energy blockages and weaknesses. These points can be thought of as 'receptive' points in the body – they're both receptive to accruing blockages and weaknesses and to shedding and releasing blockages and weaknesses. Many of the active points are joints that contain Etheric chakras, and often hold repressed Astral/emotional energy.

A client is generally very relaxed during and after an Etheric Chelation; he or she may slip easily into a light trance state, accompanied by sighs, gurgles in the abdomen, snoring, twitches. Generally, the treatment is given in silence so that the client can become absorbed in his or her process without interference from conversation, music or other background activities. The Etheric Chelation is usually unemotional. The client may release enormous amounts of Astral/emotional energy, without any corresponding activation or emotional response. This is completely normal and a nice hallmark of the depth of the clearing.

When the treatment is completed, the client usually enjoys a few minutes to integrate and re-enter conscious awareness. Leaving the room quietly to wash the hands (salt water, please) and collect a glass of water or tea allows the client a few moments of peaceful integration.

There is no need to discuss the Etheric Chelation treatment or what was released and smoothed. The client usually has minimal need to process the experience, however if he or she wants feedback, general encouraging phrases usually satisfy the curiosity. The client may want to describe his or her thoughts, sensory experiences or releases that occurred during the session. ***There's no need to interpret the information, simply validate the releases and allow the client to draw his or her own conclusions.***

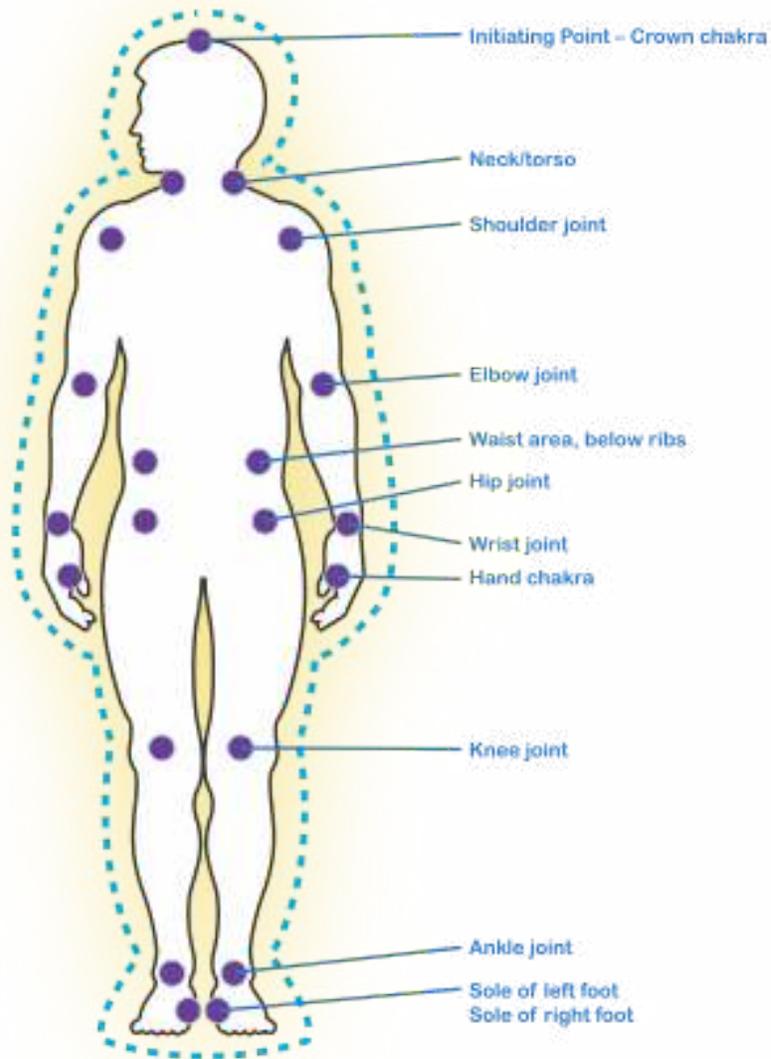
The Etheric Chelation often continues for 2-3 days after the treatment is completed. It's good to advise drinking water, eating nourishing, low-sugar foods, gentle observation and attention to needs for additional rest, sleep or processing of emotion.



The Etheric Chelation is most effective as a hands-on healing treatment. In cases where a client is severely ill or unable to travel, performing the treatment remotely at an agreed upon time is viable. The client must agree to lie down and be still for one hour at the agreed upon time. For the practitioner, it's best to stand over an empty massage table while visualizing the client lying on the table, using the Clairvoyance System and a Psychic Screen. The hand chakras will activate as the active points are accessed in the client's body, signaling that the release work is taking place. The need to remain highly focused and intentional is even more important in a remote healing so that attention stays targeted and sensory awareness is at its peak.

In these instances, it can be supportive to the client to briefly document the sensations and impressions received during the treatment to validate his or her healing experience. Keep things brief, factual and devoid of interpretation.

Illustration: Etheric Chelation Points





Exercise: Etheric Chelation – Single Practitioner

Engage Self-Care and practitioner hygiene, the Clairvoyance System and a Psychic Screen

Using a Light Touch, place both hands on the crown chakra,
with the left hand beneath the right hand

Using sensory awareness and Clairvoyance, discern the flow of energy releasing and clearing in
the crown chakra active point; and the rhythm or flow of the client clearing process

As sensations begin to ebb, slip the right hand beneath the left hand; pause to
discern the active point in the right hand

Move the left hand to the side of the neck where it connects to the torso, use the index and
middle finger to access and release the neck

Discern the flow and release of energy as it clears in the neck active point beneath the left
fingers, while the crown chakra achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right fingers beneath the left fingers; pause to
discern the active point in the right hand

Move the left hand to the shoulder

Discern the flow and release of energy as it clears in the shoulder active point
beneath the left hand, while the neck/torso achieves balance and
smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to
discern the active point in the right hand

Move the left hand to the elbow

Discern the flow and release of energy as it clears in the elbow active point
beneath the left hand, while the shoulder achieves balance and
smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to
discern the active point in the right hand

Move the left hand to the wrist

Discern the flow and release of energy as it clears in the wrist active point beneath the left hand,
while the elbow achieves balance and smoothness beneath the right hand



As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the hand chakra (a light handhold is appropriate)

Discern the flow and release of energy as it clears in the hand chakra active point beneath the left hand, while the wrist achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the waist

Discern the flow and release of energy as it clears in the waist active point beneath the left hand, while the hand chakra achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the hip

Discern the flow and release of energy as it clears in the hip active point beneath the left hand, while the waist achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the knee

Discern the flow and release of energy as it clears in the knee active point beneath the left hand, while the hip achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the ankle

Discern the flow and release of energy as it clears in the ankle active point beneath the left hand, while the knee achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand



Move the left hand to the left foot

Discern the flow and release of energy as it clears in the left foot active point beneath the left hand, while the ankle achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the right foot

Discern the flow and release of energy as it clears in the right foot active point beneath the left hand, while the left foot achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the right ankle

Discern the flow and release of energy as it clears in the right ankle active point beneath the left hand, while the right foot achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the knee

Discern the flow and release of energy as it clears in the knee active point beneath the left hand, while the ankle achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the hip

Discern the flow and release of energy as it clears in the hip active point beneath the left hand, while the knee achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the waist



Discern the flow and release of energy as it clears in the waist active point beneath the left hand, while the hip achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the hand chakra

Discern the flow and release of energy as it clears in the hand chakra active point beneath the left hand, while the waist achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the wrist

Discern the flow and release of energy as it clears in the wrist active point beneath the left hand, while the hand chakra achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the elbow

Discern the flow and release of energy as it clears in the elbow active point beneath the left hand, while the wrist achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left hand to the shoulder

Discern the flow and release of energy as it clears in the shoulder active point beneath the left hand, while the elbow achieves balance and smoothness beneath the right hand

As sensations begin to ebb, slip the right hand beneath the left hand; pause to discern the active point in the right hand

Move the left fingers to the neck/torso

Discern the flow and release of energy as it clears in the neck/torso active point beneath the left fingers, while the shoulder achieves balance and smoothness beneath the right hand



As sensations begin to ebb, slip the right fingers beneath the left fingers; pause to discern the active point in the right hand

Move the left hand to the crown chakra

Discern the flow and release of energy as the crown stabilizes and achieves coherence beneath the left hand, while the neck/torso achieves balance and smoothness beneath the right hand

Place the right hand on top of the left hand on the crown chakra for a moment or two to complete the circuit of energy

Remove your hands quietly

Engage your self-care and practitioner hygiene to complete the session

Wash your hands with salt water