



ENERGY HEALING INSTITUTE

Education for The Consciously Curious

Before	During, if needed	After
Ground	Neutrality	Release all Etheric hygiene
Set & Partner Chakras (esp. feet, 2, 5, 7, hands)	Reset Chakras	Release Treatment Space
Set Auric Boundaries	Reset Auric Boundaries	Set Chakras
Create Space	Clear Emotional Energy	Partner Chakras
Set Etheric Grounding & Wrist Chakras	Ground	Set Auric Boundaries
Etheric Containment		Check Compassion Center
Etheric Neutrality		Etheric Cleanse (sea salt & water)
Pranic Golden Triangle		
Compassion Center		
Set Treatment Space		