



**ENERGY HEALING INSTITUTE**  
Education for The Consciously Curious

## **Evolving the Etheric Body**



## **Infusing Etheric Chakras**



## Infusing Etheric Chakras

Def: Using the hand chakra(s) to beam or deliver Prana into a client's Etheric chakra(s) and aura.

### Description

An Etheric chakra is infused with the hand chakras engaging Prana to stream into the client's field. When energy clearing is performed on chakras or in the aura, it's important to infuse afterward to refresh and fill the field with Pranic flow. The infusion can be done in a hands-on or hands-off manner, although it is generally useful to infuse the chakra using a hands-on approach when the chakra has been cleared and/or balanced. The practitioner often notices different sensations in the hand as the energy infuses – heat, cold, tingling, pressure, etc. When the chakra is fully infused, an overflow sensation often results. The process is complete. Prana can also be delivered to the Spleen chakra for an overall filling of the field.

### Background

Colors may be used in the Etheric chakras. For example, turquoise is a very supportive color for overall healing, and ice blue is helpful for cooling inflammation.

Infusing emotional qualities into the Etheric field is not necessary or even particularly helpful. Emotions belong in the Astral field, so they are best used there. Even high vibration emotions can somatize into the client field if they are perceived as foreign energies.

Mantak Chia, an author of many books on cultivating Chi, says that energy healing is 90% clearing and 10% infusing. It is important to infuse the energy field so that it revitalizes, restores balance.

Generally the work is done at the completion of a clearing process, however in the cases of depletion, depression, deep somatization, severe illness, the body may need multiple infusions throughout the treatment to increase energy flow for clearing and release.

Do not hesitate to begin a treatment with an infusion. Spend several minutes throughout the treatment infusing. Dialogue the energy body or perceiving to see what is needed and appropriate.

The practitioner infuses:

- A specific cleared chakra
- The crown chakra
- The feet chakras
- The aura

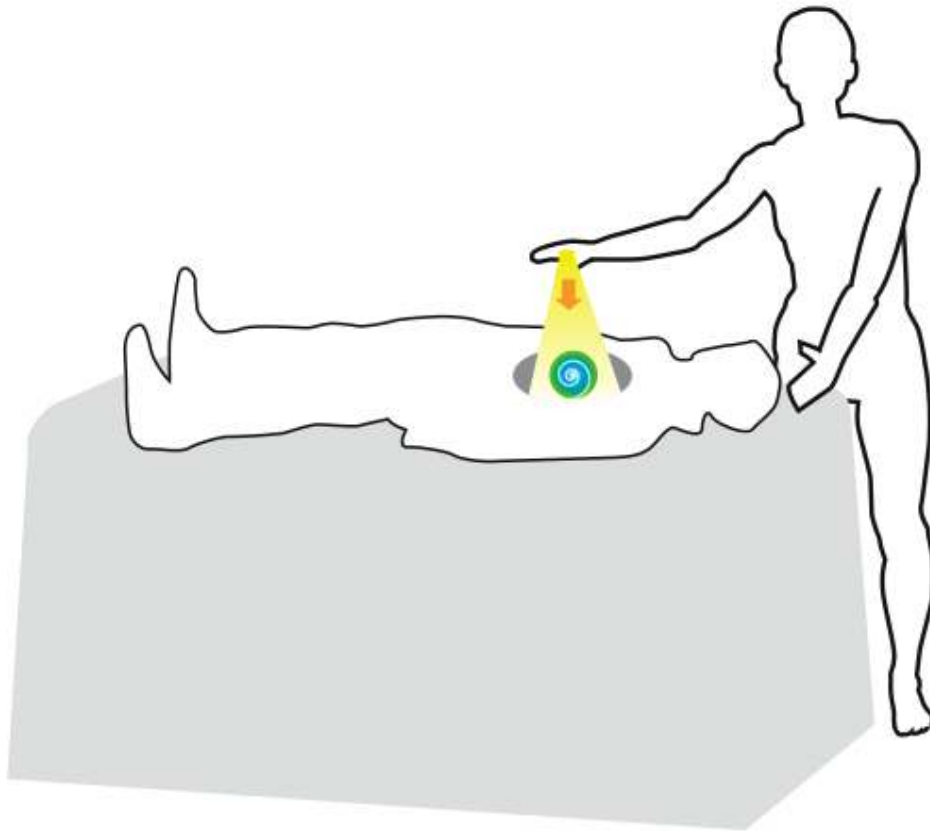
- Any combination of the above

The color healing chart (See Astral Infusions) offers a reference for using color to infuse chakras. There are multiple systems and definitions for the use of color in energy healing. Intention, resonance and focus are the key for successful infusions.

Choose colors that support physical healing – reducing and cooling inflammation, inviting healing. Develop a relationship with these frequencies. Use them for self-healing, stream them through the hand chakras to increase familiarity.

Becoming aware of the sensations, vibrations and resonance of individual frequencies enables the practitioner to infuse with confidence, and develop deep connection to the efficacy of Pranic and colorful frequencies.

## Illustration: Infusing Etheric Chakras



*One hand is placed on (or immediately above) the Etheric/physical chakra. The other hand may be placed on a separate chakra, or infuse directly into the aura. Gathering a ball of Prana, stream it into the energy body. Remember that the hand should be placed directly over the Etheric chakra, less than 1" away from the physical body. The infusion is delivered until there is a spillover sensation or the practitioner receives the insight that the infusion is complete.*