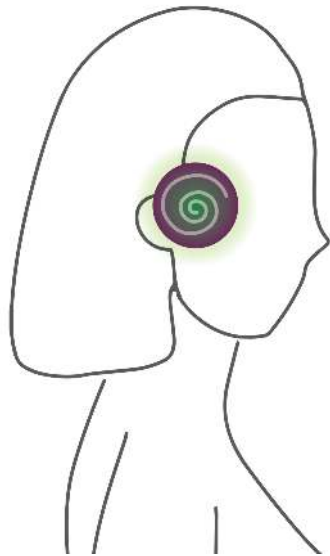




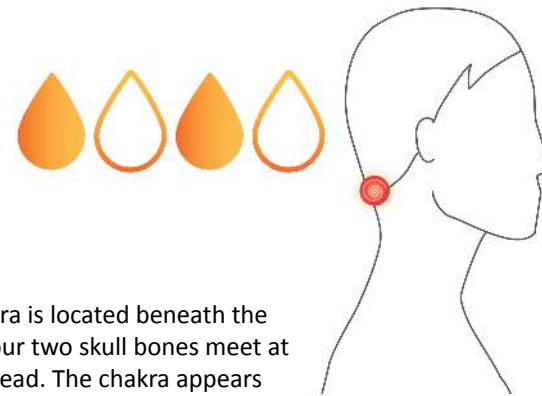
# ENERGY HEALING INSTITUTE

Education for The Consciously Curious

## Occipital & Medulla Chakras



The Medulla chakra is located directly above where the hard palate on the roof of your mouth meets the soft palate. Engaging the Medulla activates the chakra and ensures it's spinning and vibrating appropriately.



The Occipital chakra is located beneath the crevasse where your two skull bones meet at the back of your head. The chakra appears visually as 4 flames in a horizontal row. Often only two or three of the flames are ignited, as seen in the illustration. Simply visualize all 4 of the flames being lit.

