



**ENERGY HEALING INSTITUTE**  
Education for The Consciously Curious

## **Evolving the Etheric Body**

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### **Occipital / Medulla Chakras**



## Engaging the Occipital & Medulla Chakras

Def: The Occipital and Medulla chakras are Etheric chakras that assist the practitioner to view, perceive and engage patient Etheric energy. The chakras are used in conjunction with the Clairvoyance System and Psychic Screens to amplify and increase the granularity of Etheric perception.

### Description

The Occipital chakra is located at the Occipital lobe in the back of the brain. The Occipital chakra ignites and burns like four pilot lights or flames. It may take time and practice for all four Occipital chakras to fire and engage.

The Medulla chakra is located at the brainstem and can be engaged by taking the attention to the junction of the hard & soft palette in the mouth.

### Background

Many clairvoyant practitioners work primarily in the Astral plane of consciousness, engaging the Astral/emotional body to sponsor healing and evolution in the patient. When working at an Etheric/physical level, engaging and activating the Occipital and Medulla chakras assists the practitioner to perceive the denser, more diffuse energy in the Etheric body. Clairvoyants often report that their perceptions in the Etheric become highly detailed – perceiving organs and systems with granular precision and clarity. To work effectively with Etheric/physical healing, the practitioner engages Astral and Etheric awareness to correlate root cause and energies that contribute to overall health and well-being.



## Exercise: Engaging the Occipital & Medulla Chakras

Engage and Run Energy in the Clairvoyance System

Take your attention to the Occipital of the brain,  
at the base of the skull where the skull plates come together

Invite awareness of the Occipital chakra; the practitioner will eventually perceive  
4 flames or pilot lights burning in the Occipital region

Take your attention to the junction of the hard and soft palate in the mouth and imagine  
connecting with the brain stem

Invite awareness of the Medulla chakra; the practitioner will eventually perceive  
the vibration and rotation of the Medulla chakra

Leave the Clairvoyance System running and active alongside these engaged chakras  
to increase perceptions of Etheric energy in the patient body